

Colorado Allergy and Asthma Centers, P.C.

MEDICATION ALERT

For skin testing, **hold** any of the following medications or any other over-the-counter or prescription medication, containing an antihistamine, **for at least 7 days**:

Allegra (Fexofenadine)	Doxepin (Silenor)
Alavert (Loratadine)	Dramamine
Actifed	Duravent-DA
Antivert (Meclizine)	Pamprin Max Strength (Pyrilamine maleate)
Atarax (Hydroxyzine)	Periactin (Cyproheptadine)
Benadryl (Diphenhydramine)	Phenergan (Promethazine)
Chlor-Trimeton (Chlorpheniramine)	Rondec
Clarinex (Desloratadine)	Sudafed Cold
Claritin (Loratadine)	Tavist (Clemastine)
Dallergy	Tylenol PM
Dimetane	Vertin (Meclizine)
Dimetapp	Xyzal (Levoceterizine)
	Zyrtec (Cetirizine)
	Zzzquil (Diphenhydramine)

Any "PM," "Cold," or "Allergy" Medication

Eye drops: May contain Antihistamine:

Alamast	Lastacaft	Patanol
Alocril	Naphcon-A	Pazeo
Alomide	Optivar	Zaditor
Bepreve	Opcon-A	or OTC Brands
Elestat	Pataday	

Nose Sprays Containing Antihistamine:

Astelin (Azelastine), Astepro, Dymista, Patanase

7 Day Hold: Axid (Nizatidine), Pepcid (Famotidine)
Tagamet (Cimetidine), Zantac (Ranitidine)

Do not stop medication you have been prescribed for other chronic medical conditions, such as heart and lung problems, or inhaled medications for your chest or nose. Do not stop asthma medications. Do not stop Singulair.

Call prescribing doctor for instructions on holding the medications listed below. May interfere with skin testing. Hold for 5 days before appointment.

Antidepressants /Anti-psychotics: Norpramin (Desipramine)

Asendin (Amoxapine)	Pamelor (Nortriptyline)
Ativan, Temesta, Tavor, Lorabenz (Lorazepam)	Remeron (Mirtazapine)
Desyrel, Oleptro (Trazodone)	Risperdal (Risperidone)
Doxepin, Silenor	Rivotril, Klonopin (Clonazepam)
Elavil (Amitriptyline)	Seroquel (Quetiapine)
Ludiomil (Maprotiline) Medazepam	Surmontil (Trimipramine)
(Nobrium)	Tofranil (Imipramine)
	Vistaril (Hydroxyzine)
	Vivactil (Protriptyline)

Cogentin (benztropine): For Parkinson's Disease, antihistamine properties

Some tranquilizers, cough medications, and sleeping aids may contain an antihistamine. **If you have questions about the content of any medications, please call your doctor, pharmacist, or us.**