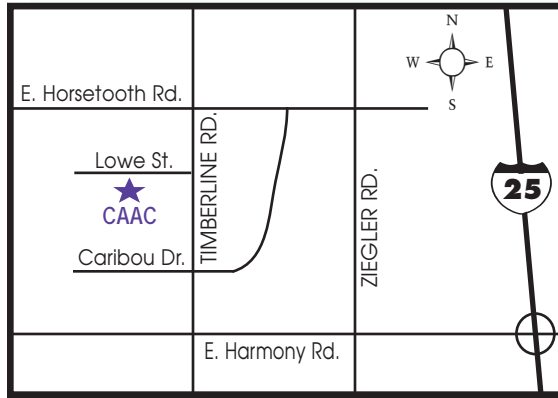


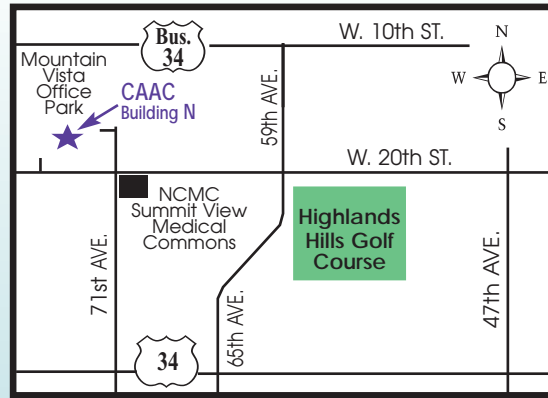
LOCATION: FORT COLLINS

We are located in the Timberline Office Park at 2014 Caribou Dr, Suite 200 Fort Collins, CO 80525. Office: 970-221-1681



LOCATION: GREELEY

We are located in the Mountain Vista Office Park at 7251 West 20th Street, Building N, Suite One, Greeley, CO 80634. Office: 970-356-3907



COLORADO ALLERGY & ASTHMA CENTERS, P.C.

Breathe Better - Live Better!

John M. James, M.D.
Erin Kempe, D.O.

FORT COLLINS OFFICE

2014 Caribou Dr., #200
Fort Collins, CO 80525
970-221-1681 ▼ Fax: 970-221-0948



GREELEY OFFICE

7251 W. 20th Street, Bldg. N, Suite One
Greeley, CO 80634
970-356-3907 ▼ Fax: 970-356-3825



OUR MISSION

We improve the quality of life for children and adults who suffer from Allergy, Asthma and Immunology related illnesses.

*Leaders in Allergy and Asthma Care
for Over 40 Years*

STAFF AND OFFICES

We are proud of the skilled, compassionate and efficient staff of Colorado Allergy & Asthma Centers. They greatly contribute to the responsiveness and quality of your care.

Health Care Staff:

- Physician's Assistants (PAs), Nurse Practitioners (NP): take histories, perform exams, prescribe and refill medications, and treat acute illness, all under the guidance of a physician.
- Nurses, Medical Assistants, Respiratory Therapists: assist with patient visits, administer allergy injections, immunizations and medical treatments, triage phone calls, refill and process prior authorizations for medications, perform skin testing.

Office Staff:

- Front desk personnel: provide a professional and friendly atmosphere, schedule convenient appointments, manage telephone calls, and provide information for billing and insurance.

Appointments

- 24 hour notice needed for cancellations

Other Office Locations

- Brighton
- Broomfield
- Castle Rock
- Centennial
- Denver Lowry
- Denver-Highlands
- Greenwood Village
- Highlands Ranch
- Lakewood
- Littleton

Other Services

- Food and Drug Testing Center
- Asthma and Exercise Clinic - diagnostic testing for exercise induced respiratory symptoms
- Clinical Research Centers - pharmaceutical studies conducted at two locations

PAYMENT AND INSURANCE

- Payment is expected at the time of service
- We submit charges to your insurance company
- We are unable to quote your insurance coverage
- Please contact your insurance carrier or benefits manager for detailed information
- Bring your insurance information and ID card to all visits.
- Arrange for appropriate referrals if required by your insurance
- If alternate financial arrangements are needed, please speak with the financial office at 720-858-7550 prior to your appointment.

ADMINISTRATIVE ADDRESS

125 Rampart Way, #200, Denver, CO 80230
720-858-7600 • Fax: 720-858-7605
www.coloradoallergy.com



John M. James, M.D.

Dr. John James joined Colorado Allergy and Asthma Centers in 1997. He is board certified by the American Board of Allergy and Immunology, as well as the American Board of Pediatrics. Dr. James lives in Fort Collins, Colorado and is available to evaluate patients in Northern Colorado and surrounding communities. In addition to the diagnosis and management of allergic diseases and asthma, Dr. James has a special interest in food allergy, atopic dermatitis, and anaphylaxis.

Dr. James received his Doctor of Medicine degree from the University of Tennessee in Memphis and completed his pediatric residency at the University of Utah in Salt Lake City, UT. He fulfilled an Allergy and Immunology fellowship at Johns Hopkins University in Baltimore, MD. Before

joining Colorado and Allergy and Asthma Centers, Dr. James was a medical school faculty member for four years at the University of Arkansas in Little Rock in the Division of Allergy and Immunology.

Currently, Dr. James serves on the Board of Directors of the American Board of Allergy and Immunology where he serves as the Chair of the Maintenance of Certification Committee. He is the medical director of the Parents of Asthmatic and Allergic Children support group for asthmatic and allergic children in Northern Colorado. In addition, he serves on the Poudre School District Food Allergy Task Force in Fort Collins. Dr. James is an active committee member of the American Academy of Allergy, Asthma and Immunology and he is on a national committee of the American Academy of Pediatrics that plans and organizes Allergy, Immunology and Pulmonary programs for their annual meeting.



Erin Kempe, D.O.

Dr. Erin Kempe joined Colorado Allergy and Asthma Centers in 2016. She is board certified by the American Board of Allergy and Immunology.

Dr. Kempe received her bachelor's degree in Biology from Temple University in Philadelphia, PA. She completed medical school at the Lake Erie College of Osteopathic Medicine in Erie, PA. She then moved to Portland, ME to complete a residency in pediatrics at Maine Medical Center. She completed allergy and immunology fellowship training in Columbus, OH at The Ohio State University Wexner Medical Center and Nationwide Children's Hospital. She remained on faculty at Nationwide Children's Hospital for one year after fellowship.

Dr. Kempe has participated in a variety of clinical research projects, covering topics including inpatient allergy and immunology consultations, bathing practices in atopic dermatitis, and appropriate use of specific IgE testing in food allergy. She is a member of several national medical societies.

Dr. Kempe is passionate about maintaining strong relationships with her patients, and believes that that patient and the physician are a team when it comes to choosing the right treatment for each individual. She believes that the first step to healing is understanding your symptoms, and works hard to ensure her patients understand the "why" behind each part of their treatment.

She lives in Fort Collins with her husband. She enjoys running, hiking, backpacking, and also loves cooking with new and local ingredients.

Welcome

FORT COLLINS OFFICE 970-221-1681

GREELEY OFFICE 970-356-3907

We appreciate your interest in our practice and look forward to serving you. This brochure is intended to provide a brief introduction to our practice. Additional questions are welcome!

WHAT WE DO

Colorado Allergy and Asthma evaluates and treats the following conditions:

Lung Conditions

- Asthma
- Chronic Cough
- Vocal Cord Dysfunction
- Shortness of Breath
- Exercise-induced Asthma
- Hoarseness / Laryngitis
- Scuba Diving Evaluations

Skin Disorders

- Eczema
- Hives / Swelling
- Chronic Rashes
- Contact Dermatitis

Food Allergy and Intolerances

Drug Allergy and Intolerances

Severe Allergic Reactions (Anaphylaxis)

Insect Allergy

Immune Deficiency

Nasal Conditions

- Allergic Rhinitis (Hayfever)
- Non-Allergic Rhinitis
(reactive / sensitive nose)
- Snoring
- Nasal Obstruction

Sinus Conditions

- Recurrent or Chronic Infections
- Nasal Polyps
- Sinus Headaches

YOUR FIRST VISIT

Before your first visit you will be provided with a comprehensive medical history form. This will either be mailed to you or may be accessed on our web site at www.ColoradoAllergy.com. You need to bring this completed to your initial visit.

Your first visit generally includes a thorough medical history, examination, and testing. Based on the evaluation the doctor will formulate a diagnosis and recommend treatment options. The treatment plan which you and your doctor have chosen will be outlined in detail. Education regarding your diagnosis and treatment plan is an important part of your initial visit.

A patient's symptoms can vary with age, season, environment, general health, diet, and even stress. Based on all of these factors, as well as any other relevant issues, we will work with you to design a treatment program which results in the most effective therapy for your medical problems. Our goal is to arrive at a treatment plan which allows you to take control of your asthma or allergy issues. At any time during your visit, please feel free to ask questions if there is something that you do not understand.

CONTACTING OUR OFFICE

During office hours:

- **Emergencies:** Call main office - A voice message will instruct you to dial "911" (for a life threatening emergency) or to press "1" to speak with a staff member.
- **Medication Refills** are done during business hours. Calls are returned between 8:30am-3:30pm, M-F.
- **Non-urgent Medical** questions or concerns may be left on our voice message system. Calls are generally returned within 24 hours.

After office hours:

- **Emergencies:** Call main office - A voice message will instruct you to dial "911" (for life threatening emergency) or to hang up and dial 720-858-7612 to have a healthcare provider paged for an urgent medical problem.
- **If unable to wait for a provider to be paged, dial "911" or go to nearest emergency department.**