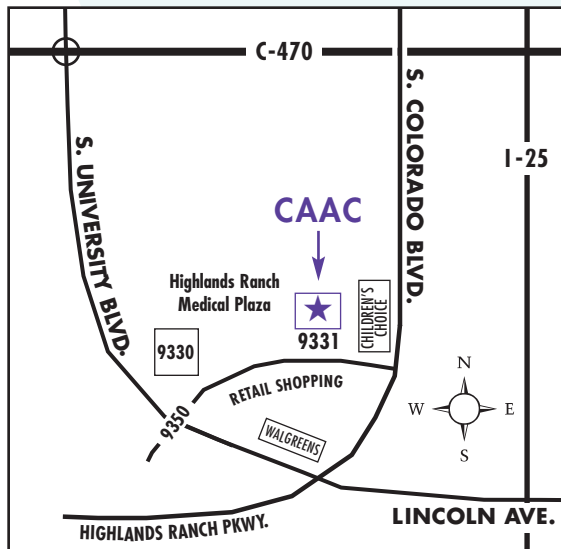


LOCATION: HIGHLANDS RANCH

We are located in Highlands Ranch at 9331 S. Colorado Blvd., Ste. 100, Highlands Ranch, CO 80126. Office phone: 303-795-8177.



Appointments

- 24 hour notice needed for cancellations

Office Locations

Other office locations include:

- Brighton
- Denver Lowry
- Lakewood
- Broomfield
- Ft. Collins
- Southwest
- Centennial
- Greeley

Other Services

- Asthma and Exercise Clinic - diagnostic testing for exercise induced respiratory symptoms
- Clinical Research Centers - pharmaceutical studies conducted at two locations

CONTACTING OUR OFFICE

During office hours:

- **Emergencies:** Call main office - A voice message will instruct you to dial "911" (for a life threatening emergency) or to press "3" to speak with a staff member.
- **Medication Refills** are done during business hours. Calls are returned between 8:30am-3:30pm, M-F.
- **Non-urgent Medical** questions or concerns may be left on our voice message system. Calls are generally returned within 24 hours.

After office hours:

- **Emergencies:** Call main office - A voice message will instruct you to dial "911" (for life threatening emergency) or press "8" to have a healthcare provider paged for an urgent medical problem.
- **If unable to wait for a provider to be paged, again dial "911" or go to nearest emergency department.**

PAYMENT AND INSURANCE

- Payment is expected at the time of service
- We submit charges to your insurance company
- We are unable to quote your insurance coverage
- Please contact your insurance carrier or benefits manager for detailed information
- Bring your insurance information and ID card to all visits.
- Arrange for appropriate referrals if required by your insurance
- If alternate financial arrangements are needed, please speak with the financial office at 720-858-7550 prior to your appointment.

ADMINISTRATIVE ADDRESS

125 Rampart Way, #200, Denver, CO 80230
720-858-7600 • Fax: 720-858-7605
www.coloradoallergy.com



COLORADO ALLERGY & ASTHMA CENTERS, P.C.

Breathe Better - Live Better!

Allen D. Adinoff, M.D.

Jerald W. Koepke, M.D.

9331 S. Colorado Blvd., Suite 100
Highlands Ranch, CO 80126
303-795-8177 ▲ Fax: 303-797-2166

www.coloradoallergy.com



OUR MISSION

We improve the quality of life for children and adults who suffer from Allergy, Asthma and Immunology related illnesses.

*Leaders in Allergy and Asthma Care
for Over 40 Years*

STAFF AND OFFICES

We are proud of the skilled, compassionate and efficient staff of Colorado Allergy & Asthma Centers. They greatly contribute to the responsiveness and quality of your care.

Health Care Staff:

- Physician's Assistants (PA's): take histories, perform exams, prescribe and refill medications, and treat acute illness, all under the guidance of a physician.
- Nurses, Medical Assistants, Respiratory Therapists: assist with patient visits, administer allergy injections, immunizations and medical treatments, triage phone calls, refill and process prior authorizations for medications, perform skin testing.

Office Staff:

- Front desk personnel: provide a professional and friendly atmosphere, schedule convenient appointments, manage telephone calls, and provide information for billing and insurance.



Allen D. Adinoff, M.D.

Dr. Allen Adinoff joined Colorado Allergy and Asthma Centers in 1989. He is certified by the American Board of Allergy and Immunology. His approach to patient care is characterized by careful listening and taking the time to actively involve patients in decision making. He has a particular interest in sinus disease.

Dr. Adinoff received his Bachelor's Degree and Doctor of Medicine from the University of Michigan. His internship and residency at the University of Colorado were followed by a fellowship in allergy and clinical immunology at National Jewish Center for Immunology and Respiratory Medicine. Dr. Adinoff then joined the faculty at National Jewish before entering private practice at CAAC in 1989. He currently holds a faculty position at The University of Colorado Health Sciences Center as Clinical Professor in the Departments of Pediatrics, Medicine, and Pharmacology.

Dr. Adinoff was President of the Colorado Allergy and Asthma Society 1991 to 1993, and has served on the Board of Directors of the American Lung Association of Colorado. Denver Magazine 5280 named Dr. Adinoff one of the top allergists in the metropolitan area in 1993, 1995, 1997, 1998, 1999, 2000, and 2003. He has been listed in Best Doctors in America from 2003-2011. He is an active volunteer with Doctors Care, a "safety net" clinic providing medical care to those without health insurance. He also volunteers regularly at the allergy teaching clinic at University Hospital.

Dr. Adinoff lives with his wife and family in the Denver area. He enjoys fly fishing, boating, skiing, biking, hunting, and SCUBA diving. He's also not bad with a chain saw.



Jerald W. Koepke, M.D.

Dr. Jerald Koepke has been practicing medicine in Denver since 1980 when he joined Dr. John Selner at the Allergy Respiratory Institute. On January 1, 1997, the Colorado Allergy and Asthma Clinic merged with the Allergy Respiratory Institute to create Colorado Allergy and Asthma Centers. Dr. Koepke was excited about the blending of these two nationally recognized practices and the expanded opportunities for patient care through extended services, education, and research.

Dr. Koepke is certified by the American Board of Allergy and Immunology. He is a graduate of the University of Illinois and of the Illinois School of Medicine. He completed his residency training at the University of Michigan before entering the U.S. Navy for two years. He studied allergy and immunology at National Jewish Hospital in Denver. He served on the senior teaching staff at the Asthma Center before entering private practice. He is currently an Associate Clinical Professor at the University of Colorado Health Sciences Center. He is also a Fellow of both The American College of Allergy, Asthma, and Immunology and The American Academy of Allergy, Asthma, and Immunology, the two national organizations recognizing academic achievements of physicians in this field.

Dr. Koepke has been named a leading allergist in Denver by surveys of practicing Colorado physicians. He has become renowned as a physician who first introduced and has instructed allergists in the use of the fiberoptic nasal endoscope to aid in diagnosing and treating allergy problems. He has instructed over 3,000 physicians at national allergy meetings over the past 22 years in the use of the fiberopticscope. As a physician who enjoys patient care, his goal is to educate patients so that they can successfully manage their allergies and asthma. His personalized care facilitates this goal.

Welcome

HIGHLANDS RANCH OFFICE 303-795-8177

We appreciate your interest in our practice and look forward to serving you. This brochure is intended to provide a brief introduction to our practice. Additional questions are welcome!

WHAT WE DO

Colorado Allergy and Asthma evaluates and treats the following conditions:

Lung Conditions

- Asthma
- Chronic Cough
- Vocal Cord Dysfunction
- Shortness of Breath
- Exercise-induced Asthma
- Hoarseness / Laryngitis
- Scuba Diving Evaluations

Nasal Conditions

- Allergic Rhinitis (Hayfever)
- Non-Allergic Rhinitis (reactive / sensitive nose)
- Snoring
- Nasal Obstruction

Sinus Conditions

- Recurrent or Chronic Infections
- Nasal Polyps
- Sinus Headaches

Skin Disorders

- Eczema
- Hives / Swelling
- Chronic Rashes
- Contact Dermatitis

Food Allergy and Intolerances

Drug Allergy and Intolerances

Severe Allergic Reactions (Anaphylaxis)

Insect Allergy

Immune Deficiency

YOUR FIRST VISIT

Before your first visit you will be provided with a comprehensive medical history form. This will either be mailed to you or may be accessed on our web site at www.ColoradoAllergy.com. You need to bring this completed to your initial visit.

Your first visit generally includes a thorough medical history, examination, and testing. Based on the evaluation the doctor will formulate a diagnosis and recommend treatment options. The treatment plan which you and your doctor have chosen will be outlined in detail. Education regarding your diagnosis and treatment plan is an important part of your initial visit.

A patient's symptoms can vary with age, season, environment, general health, diet, and even stress. Based on all of these factors, as well as any other relevant issues, we will work with you to design a treatment program which results in the most effective therapy for your medical problems. Our goal is to arrive at a treatment plan which allows you to take control of your asthma or allergy issues. At any time during your visit, please feel free to ask questions if there is something that you do not understand.