

## TIME REQUIRED

Most allergy studies last approximately 3 weeks, while asthma studies typically last approximately 3 months. However, studies can last from 2 weeks to 1 or more years.

Details and time period required are explained to each volunteer before beginning studies. You have the right to leave your study at any time and for any reason, without affecting your usual medical care at Colorado Allergy and Asthma Centers, P.C.

## CONVENIENCE AND LOCATIONS

We have two research sites, both in the metro Denver area. Each office is located in the same building with our Colorado Allergy and Asthma Clinics practice. Specifically dedicated research staffs work along with the physician investigators in these offices. Often conveniently located near work or home, extended hours in the study department in these offices allow patients to participate before work/school or on Saturday. Currently clinical trials are under way at each of these offices. Ask for a study coordinator at these locations:

### Denver Office/Administrative Site

125 Rampart Way, #150  
Denver, CO 80230  
720-858-7510 / Fax: 720-858-7530  
Principal Investigators:  
David S. Pearlman, M.D.  
Shaila U. Gogate, M.D.  
Research Site Manager:  
Annalise Sorensen, RN, BSN  
annas@coloradoallergy

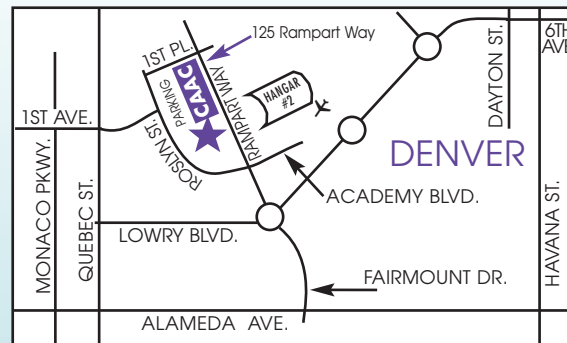
### Centennial Office

14000 E. Arapahoe Rd., #260  
Centennial, CO 80112  
303-632-3646 / Fax: 303-632-3611  
Principal Investigator: Leon S. Greos, M.D.  
Director of Research Operations:  
Stacy Wiseman, RN, CCRC  
stacyw@coloradoallergy.com

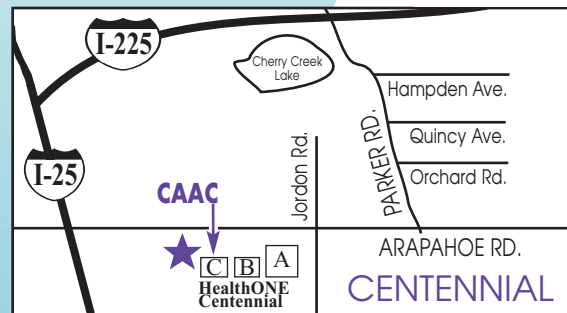
## LOCATION MAPS



DENVER  
125 Rampart Way, Suite 150



CENTENNIAL  
14000 E. Arapahoe Road, Suite 260



Visit our Website at:

[www.coloradoallergy.com/research.html](http://www.coloradoallergy.com/research.html)



*Breathe Better - Live Better!*

## CLINICAL RESEARCH DIVISION

David S. Pearlman, M.D.

Leon S. Greos, M.D.

Shaila U. Gogate, M.D.



### DENVER

125 Rampart Way, Suite 150  
Denver, Colorado 80230  
720-858-7510



### CENTENNIAL

14000 E. Arapahoe Rd., Suite 260  
Centennial, Colorado 80112  
303-632-3646

## OUR MISSION

To advance the development of medications for the treatment of patients with respiratory disorders through clinical research, working together with our patient volunteers.



### David S. Pearlman, M.D.

Dr. David Pearlman was a cofounder in 1972 of Colorado Allergy and Asthma Centers. He is certified by the American Board of Allergy and Immunology, for which he also served on the Board of Directors. He is also certified by the American Board of Pediatrics.

Dr. Pearlman attended Cornell University and received his Doctor of Medicine from State University of New York at Syracuse. He received his training in pediatrics at the University Hospitals of Cleveland and at the University of Colorado Health Sciences Center, where he also had a post-doctoral fellowship in immunology. After a fellowship in pharmacology at the National Institute for Medical Research in London, England, he returned to the CU Medical School as Director of Pediatric Allergy and then co-director with the integrated program with National Jewish Medical Center. He was acting Chief of Pediatrics at National Jewish Medical Center in 1972-73 before leaving full time academic medicine to found this practice.

He was honored with the Distinguished Clinician Award of the American Academy of Allergy, Asthma and Immunology and has been listed in various publications as one of the Best Doctors in the U.S. since 1980.

Dr. Pearlman maintains an academic appointment at the University of Colorado Medical School as Clinical Professor of Pediatrics. He continues to be active in allergy and asthma research and education. He has published over 150 articles and texts to inform physicians concerning advances in this field.



### Leon S. Greos, M.D.

Dr. Leon Greos joined Colorado Allergy and Asthma Centers in 1993. He is certified by the American Board of Allergy and Immunology. Dr. Greos emphasizes prevention of allergy symptoms through identification of triggers, patient education and rational use of preventive medicine.

Dr. Greos received his Bachelor's Degree from Amherst College and Doctor of Medicine from the University of Southern California School of Medicine. Following his internship and residency at the University of Washington, Dr. Greos completed fellowships in pediatrics and allergy and clinical immunology at National Jewish Center for Immunology and Respiratory Medicine. Dr. Greos entered private practice in Sacramento, California before returning to Colorado to join our group.

The most stimulating aspect of allergy and asthma care, according to Dr. Greos, is attempting to discover the particular pattern of each patient's condition and effective care.



### Shaila U. Gogate, M.D.

Dr. Shaila Gogate joined Colorado Allergy and Asthma Centers in 2014. She is board certified by the American Board of Allergy and Immunology.

Dr. Gogate received her bachelor's degree in Chemistry from Colgate University in Hamilton, New York. She finished her medical school education at Chicago Medical School and her internal medicine residency at Washington University Barnes-Jewish Hospital in St. Louis, Missouri. She completed her allergy and immunology fellowship at National Jewish Health in Denver and remained on faculty for nearly three years after fellowship.

Dr. Gogate has extensive clinical research experiences and will be serving as investigator for a number of asthma and allergy research trials in the Denver Clinical Research Center.

She believes that communication between providers and patients is essential. In order to develop the best possible treatment plan, she feels it is important to incorporate current scientific evidence with a patient's preferences.

DENVER RESEARCH OFFICE 720-858-7510  
CENTENNIAL RESEARCH OFFICE 303-632-3646

## Welcome

We appreciate your interest in the Clinical Research Division of our practice. The following is intended to provide a brief introduction about clinical research and why we consider it so important.

### WHAT WE DO

Clinical research is the study of new medicines and/or medical devices as well as comparisons between current medicines which may improve treatment of a disease. These new medicines are developed through the combined efforts of pharmaceutical companies, universities, government, physicians and patients in medical practice. Participation by patients is an essential part of this development.

Several trials take place over a period of time until a new drug or device is approved by the U.S. Food and Drug Administration (FDA) and can be made available by prescription. New treatments and medications developed by researchers are carefully tested; safety for each and every patient is our primary concern, and is guided by strict U.S. Food and Drug Administration (FDA) regulations.

### WHY WE PARTICIPATE

- To contribute to medical progress and advancement
- To influence the future of drug availability and cost for our own and other patients
- To remain at the forefront of knowledge in our profession and specialty, to provide the best and most up-to-date treatment for our patients
- To make available to our patients otherwise unobtainable medications
- To enable patients and medical staff to gain first-hand knowledge of promising new drugs and devices

CAAC and our patients are proud to have played an important role of helping to make the following drugs available to our patients:

**ASTHMA:** Ventolin, Aerobid, Intal, Flovent, Tilade, QVAR, Vanceril, Serevent, Beclovent, Foradil, Azmacort, Accolate, Pulmicort, Singulair, Advair, Xopenex, Symbicort, Dulera, Alvesco

**ALLERGIES:** Claritin, Zyrtec, Allegra, Clarinex, Rhinocort, Nasacort, Flonase, Nasonex, Omnaris, Astepro

### BENEFITS OF PATIENT PARTICIPATION

- The opportunity to contribute to the development of medical treatments for you and for others like you
- Further understanding your disease, how best to treat and how to minimize any problems from it for you and/or your family
- All drugs under study provided at no charge
- Additional medications and beneficial medical tests may also be provided
- monetary compensation