



Breathe Better - Live Better!

MEDICATION ALERT

For skin testing, **hold** any of the following medications or any other over-the-counter or prescription medication, containing an antihistamine, **for at least 7 days:**

Allegra (Fexofenadine)	Dallergy	Rondec
Alavert (Loratadine)	Dimetane	Sudafed Cold
Actifed	Dimetapp	Tavist (Clemastine)
Antivert (Meclizine)	Doxepin (Silenor)	Tylenol PM
Atarax (Hydroxyzine)	Dramamine	Vertin (Meclizine)
Benadryl (Diphenhydramine)	Duravent-DA	Xyzal (Levoceterizine)
Chlor-Trimeton (Chlorpheniramine)	Pamprin Max Strength (Pyrilamine maleate)	Zyrtec (Cetirizine)
Clarinet (Desloratadine)	Periactin (Cyproheptadine)	Zzzquil (Diphenhydramine)
Claritin (Loratadine)	Phenergan (Promethazine)	

Any "PM," "Cold," or "Allergy" Medication

Eye drops: May contain Antihistamine:

Alamast	Alomide	Elestat	Naphcon-A	Opcon-A	Patanol	Zaditor
Alocril	Bepreve	Lastacaft	Optivar	Pataday	Pazeo	or OTC Brands

Nose Sprays Containing Antihistamine: Astelin (Azelastine), Astepro, Dymista, Patanase

7 Day Hold:

Axid (Nizatidine)	Pepcid (Famotidine)	Tagamet (Cimetidine)	Zantac (Ranitidine)
-------------------	---------------------	----------------------	---------------------

Do not stop medication you have been prescribed for other chronic medical conditions, such as heart and lung problems, or inhaled medications for your chest or nose. Do not stop asthma medications. Do not stop Singulair.

Call prescribing doctor for instructions on holding the medications listed below. May interfere with skin testing. Hold for 5 days before appointment.

Antidepressants / Anti-psychotics:

Asendin (Amoxapine)	Medazepam (Nobrium)	Rivotril, Klonopin (Clonazepam)
Ativan, Temesta, Tavor, Lorabenz (Lorazepam)	Norpramin (Desipramine)	Seroquel (Quetiapine)
Desyrel, Oleptro (Trazodone)	Pamelor (Nortriptyline)	Surmontil (Trimipramine)
Doxepin, Silenor Elavil (Amitriptyline)	Remeron (Mirtazapine)	Tofranil (Imipramine)
Ludomil (Maprotiline)	Risperdal (Risperidone)	Vistaril (Hydroxyzine)
		Vivactil (Protriptyline)

Cogentin (benztropine): For Parkinson's Disease, antihistamine properties

Some tranquilizers, cough medications, and sleeping aids may contain an antihistamine.

If you have questions about the content of any medications, please call your doctor, pharmacist, or us.